

# Pearl Coast Gymnastics 2021 Timetable

## Recreational Gymnastics

Recreational gymnastics classes are program for kids who are interested in participating in gymnastics but not interested in competing. Gymnasts do not learn routines and are not invited to enter competitions.

Recreational gymnastics focuses having fun and getting fit rather than assessments and competitions. Coaches teach correct gymnastics technique but are discouraged from getting “too hung up on it”.

Gym Fun classes are grouped by age (in the calendar year), rather than ability. FreeG classes are ability based. New gymnasts will require an assessment prior to being offered at class.

All Pearl Coast Gymnastics Gym Fun classes are term fee paying classes (not Pay As You Go) and are often full with waiting lists. To register for gymnastics classes please submit a registration form via our “How Do I Start” page on the club website.

Class	Mon	Tues	Fri	Sat
<b>Gym Fun Tuesday – 5-7 year olds</b> (born 2016, 2015 or 2014)		2:45pm-4:15pm		
<b>Gym Fun Friday – 5-7 year olds</b> (born 2016, 2015 or 2014)			3:30pm-5:00pm	
<b>Gym Fun 8 years plus</b> (born 2013 or earlier)	4:00pm-5:40pm			
<b>FreeG 1</b> (ability based)				11:30am-12:40pm
<b>FreeG 2</b> (ability based)			4:30pm-5:30pm	